

Enneagram Virtue//Vice Chart

	Deadly sin to avoid	Virtue to Cultivate
8	<i>Lust.</i> 8's are intense, excessive people who want to be in control and project strength to mask weakness or vulnerable feelings.	<i>Chastity.</i> 8's can moderate their intensity, excessiveness and need for control by recognizing the value of vulnerability.
9	<i>Sloth.</i> 9's are spiritually lazy people who merge with the priorities and values and preferences of others to avoid conflict and maintain inner peace.	<i>Diligence.</i> 9's can assert themselves and self-actualize through consciously pursuing their life's agenda, even if it arouses conflict and their fear of disconnection.
1	<i>Anger.</i> 1's compulsively strive to perfect the world and become chronically resentful toward those who cannot live up to their standards, particularly themselves.	<i>Patience.</i> Ones can learn to accept that there's more than one way to do things and have more patience with the world-and themselves-for being imperfect.
2	<i>Pride.</i> 2's secretly believe other people have more needs than they do and would be lost without their help.	<i>Humility.</i> 2's can develop humility when they acknowledge their own needs and ask others directly for their help and support.

3	<p><i>Deceit.</i> To satisfy their craving for admiration, 3's project crowd-pleasing images that deceive even Themselves.</p> <p>Deadly Sin to Avoid</p>	<p><i>Integrity.</i> By discovering and sharing their true selves with others, 3's can learn they are loved for who they are and not for what they do.</p> <p>Virtue to Cultivate</p>
4	<p><i>Envy.</i> 4's believe they lack an essential element and will never have the wholeness others enjoy. They envy the normalcy and happiness of others.</p>	<p><i>Gratitude.</i> Fours counteract envy when they dwell not on what's missing but on what's present in the way of their gifts and blessings.</p>
5	<p><i>Avarice.</i> Afraid they lack the inner resources to meet the demands of life and to preserve independence and energy, 5's hoard knowledge, privacy, time, space and affection.</p>	<p><i>Generosity.</i> 5's become generous when they relax their mindset of scarcity and embrace the reality of abundance.</p>
6	<p><i>Fear.</i> Needing to feel secure, 6's rehearse worst-case scenarios and seek out and attach to strong authority figures and belief systems to sooth their fears.</p>	<p><i>Faith.</i> 6/s can develop faith that renders worst-case scenario planning unnecessary and learn to trust their inner compass to guide them in making good decisions.</p>

7	<i>Gluttony.</i> To avoid feelings of pain and chronic deprivation, 7's compulsively plan and gluttonously devour exciting experiences, fascinating ideas and the best life has to offer.	<i>Sobriety.</i> For 7's, sobriety means exercising self-restraint, accepting and integrating both the joys and sorrows of life and following through on long-term commitments.
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